Checklist for self- assessment of a lecture

KEY

- 3: Is competent at performing this skill and requires no additional practice
- 2: Can perform this skill but requires additional practice
- 1: Cannot perform this skill and requires extensive practice
- NA: Skill not applicable to this lecture presentation

NO: Skill not observed during this lecture presentation (Note that there is space for five observations. If necessary, you can assess your performance on five different occasions. After your first lecture you should set some goals to improve specific presentation skills. By the time you make your fifth presentation, you should be receiving mostly "3s" for each presentation skill)

Lecture Skills Checklist								
	Self-Observations							
Presentation Skills	Lecture 1	Lecture 2	Lecture 3	Lecture]4	Lecture 5			
Preparation Skills								
Selected lecture methods in advance.								
Prepared lecture notes in advance.								
Prepared audiovisuals in advance.								
Planned effective techniques to introduce the lecture.								
Arranged room appropriately.								
Verbal Presentation Skills								
Projected voice (changed pitch, tone and volume).								
Avoided fillers (e.g., "um," "er," "you know," etc.).								
Used many examples.								
Provided praise and reinforcement.								
Accepted student ideas and suggestions.								
Used appropriate humor.								
Nonverbal Presentation Skills								
Maintained eye contact.								
Maintained positive facial expressions.								
Gestured with hands and arms.								
Maintained good posture.								

Moved around the room with energy.								
Followed lecture notes.								
Questioning Skills								
Asked questions at varying levels of difficulty.								
Asked questions to group.								
Asked questions to individual students.								
Involved all students (if possible).								
Repeated student responses and questions.								
Provided positive reinforcement.								
Audiovisual Skills								
Used presentation media correctly.								
Summarizing Skills								
Asked for questions.								
Asked questions.								
Used media to review main points.								
Additional point for patient lecture								
Imparted only the minimal necessary theoretical knowledge								
Generated interest and curiosity in the subject to encourage further self learning								
Matched well with the theme of the week								
Content								
Clear slides - good line spacing/fonts/colors								
Clear objectives specified								
Set induction at begining								
Summary/conclusion								
Conceptual basis given without information overload								